

THE ISLAND OF ELBA

The third biggest **Italian island** and the biggest of the **Tuscan archipelago**, Elba was renowned in ancient times for its mineral resources. **Iron ore mines** were already established by **the Etruscans and the Romans**, and it was they who named it Ilva, from which the island's current name derives. More recently in **1814** Elba became famous when **Napoleon was exiled there** for 10 months. Today it is a **prestigious tourist destination** and thanks to the mountainous and articulated lay of its land, it is a **true paradise for cyclists**. There are demanding routes on asphalt featuring **stunning views for road bike enthusiasts** and **single tracks** in the island's interior **for bikers**.

This tour will reveal Elba's three different sides, **charming environments** and very different from one another. Within a few miles we will travel through **splendid sea-side landscapes** made of beaches and cliffs to winding roads climbing through the woods on a mountainside. The tour will bring us to **typical coastal hamlets** like delightful **Marciana Marina** and to mountain villages perched on the rocks, where we will enjoy refreshments and a **good glass of Ansonica white** while taking in the view of the archipelago's islands.

DAY 1 - ARRIVAL

Meeting and welcome dinner

DAY 2 - BAGNAIA TO CAVO > 45 km

Golden sandy beaches and small coves

DAY 3 - THE WESTERN COAST > 53 km

From the cliffs to the mountain forests

DAY 4 - MINES OF MOUNT CALAMITA > 50km

Along the old miners' trails

DAY 5 - DEPARTURE



TOUR DETAILS

Level: advanced

Bicycle: BMC GF01 disc

Free option: E-bike Haibike Sduro RX

Duration: 5 days / 4nights

Total Length / Elevation: 148 km / 3379 metres

Price per head: 1990€

Single room Supplement: 450€

Starting Dates: on request

Includes: tour leader, bike, meals, drinks, accommodation, visits, insurance, luggage transport, van support



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